

Also available:

Hats	\$10.00
Bucket Hats	S, M, L & XL
Sunglasses	\$15.00
Black sunglasses	S, M, L & XL

HEALTHY KIDS SCHOOL CANTEEN

Our school canteen is a member of The Healthy Kids School Canteen Association. It is an organisation that aims to promote healthy food choices in school canteens. To find out more about healthy canteen foods, go to <https://healthy-kids.com.au/>. We support the NSW Government Fresh Tastes @ School NSW Healthy School Canteen Strategy "Healthy Eating Guidelines".

Menu items are classified into:

- 😊 = "GREEN" item (eat more of).
- 😐 = "AMBER" item (eat in moderation).
- "RED" items are not okay for our menu
- GF = Gluten Friendly options available

For more information go to: https://www.det.nsw.edu.au/policies/student_serv/student_health/nutrition/PD20110420.shtml

**Online Ordering
coming soon**

NOTES:

Paper bags are 10c each.

- Lunch orders taken before school only.
- Minimal change is kept in the canteen. No more than \$10 change can be given.
- Please include payment with all orders.
- All food and drinks sold in the canteen meet the Healthy Canteen Regulations.
- Gluten-free friendly options are available. Please check with Tracey for availability.
- If your child has an order and goes home, please inform the Canteen. Refunds cannot be given on pre-prepared food.
- Due to volunteer shortages & seasonal changes some snack items may not be available.
- If you have any questions, please contact the canteen via the office 6297 3043.

**All orders need to be at the Canteen by
9.00am daily.**

Can you spare some time to help?

Please email: qbnspsc.canteen@gmail.com
or phone the canteen via the office on 6279 3043.

QUEANBEYAN SOUTH PUBLIC SCHOOL



Canteen Price List 2021 — Term 2

MONDAY TO FRIDAY:

8.30am to 9.00am

Open for lunch orders only
(no over the counter sales)
Lunch orders taken before school only

11.00am to 11.25am

Break 1 (Lunch)

1.00pm to 1.25pm

Break 2 (Recess)

Note: the canteen does **NOT** serve food from the 'HOT FOOD' selection menu over the counter at recess.

Snack Items

These items are available at recess and lunch.

☺ Mini pizzas* cheese	\$1.00
☺ Muffins* - mini	\$0.40
☺ - large	\$1.50
☺ Cheese sticks (GF)	\$0.80
☺ Pumpkin Scones*	\$0.60
☺ Pikelets*	\$0.20
☺ Anzac Biscuits*	\$0.30
☺ Popcorn* (GF)	\$0.10
☺ Garlic Bread*	\$1.00
☺ Fruit (GF)	seasonal prices
☺ Fruit Cup* (GF)	\$1.00
☺ Fruit Bag* (GF)	\$0.50
☺ Hard Boiled Egg* (GF)	\$0.70
☺ Cheese Toastie - Half*	\$1.00
☺ Soup of the day*	\$1.00
☺ Jelly Cup* (GF)	\$0.50

Drinks

☺ 100% Juice - 200ml	\$2.00
☺ Up N Go - Choc / Banana /Strawberry /Vanilla	\$2.50
☺ Plain milk	\$0.80
☺ Milkshakes - Choc/ Strawberry/Caramel / Bana- na	\$1.00
☺ Hot/Cold Milo	\$1.00
☺ Bottled Water	\$2.00

* Food is freshly prepared and cooked in the canteen.

Lunch Only

☺ Sandwiches*	
Vegemite/Jam/Honey	\$2.00
Ham & Cheese	\$2.50
Chicken & Cheese	\$2.50
Egg, Lettuce & Mayo	\$3.00
Curried egg, Lettuce & Mayo	\$3.00
Ham, Chicken or Cheese Salad (lettuce, tomato, beetroot, carrot and cucumber)	\$4.00 w/cheese \$4.50
Salad	\$3.50
Extra fillings each	\$0.50
Toasted sandwiches also available	
Rolls – Large	\$1.00
☺ Salad Wraps* \$4.00	
Honey Soy Chicken Teriyaki Chicken Sweet Chilli Chicken Chicken and Mayo Cheese	
All wraps have lettuce, tomato, carrot, cucumber & cheese	
☺ Plain Salad Wrap	\$3.50
Salads*	
☺ Fruit Salad (GF)	\$3.00
☺ Caesar Salad	\$4.00
☺ Chicken Caesar Salad	\$5.00
☺ Garden Salad (GF)	\$3.00

Hot Foods

These items are available at recess and lunch.

☺ Yummy Drummies (limit of 4)	\$1.50
☺ Party Pies (limit of 4)	\$1.30
☺ Cruizer Beef Pies	\$4.20
☺ Sausage Rolls	\$3.50
☺ Noodles (Chicken or Beef)	\$2.40
☺ Lasagne	\$4.50
☺ Spaghetti*	\$3.50
☺ Fried Rice* (vegetarian) (GF)	\$3.50
☺ Corn on the Cob* (GF)	\$0.60
☺ Burrito Wrap*	\$4.00
☺ Baked Potato* with cheese (GF)	\$3.00
☺ Baked Potato* cheese & mince	\$3.50
☺ Hokkien Noodles*	\$3.50
☺ Hamburgers* (Meat patty, lettuce, tomato, beetroot, cucumber, carrot, cheese and sauce).	\$5.50
☺ Chicken Burger (lettuce & Mayo)	\$4.00
☺ Cheese Burger	\$4.00
☺ Sauce	\$0.30

Ice Creams

☺ Frozen Yoghurt—mango / berry	\$3.00
☺ Quelch sticks (8 flavours)	\$0.50
☺ Ice Mony	\$1.00
☺ Snap Stixs	\$1.00

HEALTHY KIDS CANTEEN

☺ Green = eat more of

☹ Amber = eat in moderation

GF = Gluten-free friendly options may be available